

Golden oldies on centre stage

TWO elderly residents of Milford Care Groups captured hearts and minds when they took centre stage at a major international conference in the Midlands.

With combined ages of 167, Zena Steeples and Bill Saxelby made a joint keynote speech to more than 100 delegates at the 2008 National Care Home Congress in Birmingham.

They used their speech to detail how their respective care homes empower residents to become actively

involved in the decision making and management of their homes.

Zena, 75, who lives at Milford House in Milford, said: "We are very much at the heart of the decision making process – from menu planning, choosing colours for the rooms to appointing new staff."

Milford Care Group business manager Pierre Falleth said: "It was fantastic to see our residents take centre stage, they were real stars."