

# Milford House Care Home Newsletter

## SPRING 2006 EDITION

### Message from the Manager

Well we finally see Spring appearing with the sight of some sunshine and daffodils, a welcome sight for all of us I'm sure and a chance to get out and about more.

Easter has been and gone and holidays are starting to be booked for the year ahead giving everyone something to look forward to.

We have had a busy Winter here with lots of developments taking place around the Homes, the Managers in the group continue to meet quarterly to pass ideas around and look into ways of developing the service we provide and how best to deliver these into our Homes (see Group Newsletter).

I would like to invite anyone with suggestions or articles for inclusion in further newsletters to discuss these with either myself or Caren, any ideas are welcome and will add to the variety for other readers.

Thanking everyone for your continued support.

Until next time.....

Sharon Price  
Manager

We would also like to thank all staff for their continued hard work and commitment. Staff are very helpful with covering of extra shifts and very often put their work before their families.

It really is very much appreciated, as caring for our client group can be very demanding and tiring.

# Thank You!

From Sharon, Donna and Bev.

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**To others,  
We will be seen as two old biddies  
Kicking off their shoes,  
Dumping down shopping bags,  
Choosing lethal pastries.  
But to each other we are ourselves,  
A little scarred by the passing years,  
But still the girls  
Who shared a bag of toffee  
On the playground wall,  
We at least are not deceived  
By skin, spectacles and silvery hair.**

PAM BROWN, B. 1928

# NEW STAFF

## **Natalie Bradley**

**Start date: 20<sup>th</sup> March 2006**

Natalie is employed as a part-time Care Assistant. She is married and has two children. Natalie has a small amount of experience in a Care Home and has helped to look after family members also.



## **Sarah Logan**

**Start date: 23<sup>rd</sup> March 2006**

Sarah has recently moved to Belper from Stoke. She is employed as a General / Care Assistant on a full-time basis. Sarah enjoys sporting activities out of work.



## **Sam Wingfield**

**Start date: 26<sup>th</sup> March 2006**

Sam is Carol Wingfield's daughter-in-law (Senior Carer at The Coach House). Sam is joining us on a part-time basis. Sam has three children and is married. She enjoys outdoor activities.



## **Emily Hennessy**

**Start date: 8<sup>th</sup> April 2006**

Emily is Ann Wilkinson's daughter (Senior Care at Milford House). She is 18 years old and is joining us to gain experience in the care field prior to a University degree in Nursing which she commences next year. Emily previously came to Milford House for work experience and has also gained her intermediate GNVQ in Health & Social Care.



## **Betty MC**

**Start date: 10<sup>th</sup> February 2006**

Betty is a Registered Nurse from India, who is currently being mentored by Bev to complete her adaptation training to enable her to work as a Nurse in the UK. Betty is married with two children and will be working as a full-time Care Assistant until her adaptation training is complete.



## **Emma Lambley / Lucy Annable**

Emma and Lucy are school girls who have been employed for pot washing duties at tea times at Milford House.

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## RECENT EVENTS

### Bella has had her baby!!!

Baby James was born on 30<sup>th</sup> March 06 and weighed in at 7lb 6oz, Congratulations Bella.....Welcome to sleepless nights!

Evelyn Crooks celebrated her 101<sup>st</sup> Birthday on 4<sup>th</sup> April 2006. Evelyn remains very well and remains ver independent..... she obviously has a secret that we should all be sharing! An article was printed in the Derby Evening Telegraph.

Congratulations to Zoe Barlow who has been promoted to Domestic Supervisor. Zoe has proved to be very aware of 'what needs to be done' and is keen to 'get on and do it!' Zoe will split her hours between Milford and The Coach House to oversee all domestic staff duties.

**Congratulations to Donna, Tracey, Sue and Michael who are to be treated to a beauty session for being individually recognised for their contribution to the Home by Residents, relatives and visiting professionals on the Staff Comment Cards recently provided at Milford House.**

**We have now placed the Comment Cards at The Coach House and we would like to invite you to complete these over the next few weeks.**

# ***Congratulations!***

We have placed files in each homes reception which contain Staff Profiles and photos, these are for anyone to look at so that you are aware of which staff do which duties, they also give you some background information as well, happy reading!

# TRAINING

## Recent Training

- Health & Safety
- Basic Food Hygiene
- COSHH
- Moving & Handling
- Adult Protection
- Mentorship Training (Donna & Bev)

## Current / Planned Training

Zoe Barlow – Housekeeping – Level 2 NVQ  
Angela Inckle – Professional Cookery – Level 2  
NVQ  
Fire Training  
Continuation of NVQ Level 2 & 3 in Care

## Current NVQ Enrolment

### Level 3

Sue Bailey  
Lisa Redfern  
Catherine Froggatt  
Fiona Drysdale  
Ann Wilkinson  
Jane Whittingham

### Level 2

Caryl Reyes  
Michael Leese  
Hayley Hartley  
Vonny Vickers  
Carolyn Morris  
Carol Wingfield  
Chris Burton

NVQ training is currently being provided by South East Derbyshire College and staff are very lucky in that the Assessor (Dorothy) is very keen to ensure staff achieve. Dorothy makes herself readily available to offer support and encouragement to all staff and arranges visits at all times of day and night!

As we have had so many staff achieving in various training courses recently, we are going to arrange an award ceremony. Relatives will be invited and a good turnout would be a great way to recognise the hard work put in by our staff. Further details and invites will follow once a date has been set.

## Student Support Work

We are currently supporting the following staff to gain qualifications in the care field:-

- **Betty MC**                      Adaptation training to become Registered to practice nursing elderly clients in the UK.
- **Zoe Conlon**                    Social Work Degree
- **Louise**                            Health & Social Care Training
- **George Thomas**              Ecclesbourne School 'A' Level student wishing to gain experience prior to a Medical Degree placement next year.

Health & Social Care students from Ecclesbourne School are to attend work placement later in the year and will hopefully work on a 1:1 basis with our clients over a 12 week period.

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# PROGRESS / DEVELOPMENT

The upgrade of The Coach House is soon to commence. Measurements have been taken for wallpaper and carpets in the reception and small lounges and suppliers have been advised to commence this work as soon as possible.

Carpets have also been chosen for the main lounge, Mrs Hudson and Mrs Falleth are currently looking at new chairs and dining furniture also.

Further 'finishing off' jobs have been done at Milford i.e. putting up pictures, displaying certificates etc. The dining room will see an upgrade when time permits!

The laundry is soon to be equipped with the 'Rolls Royce' washers / dryers. This may cause a short period of disruption, hopefully we will see a more efficient system in place following the work.

## OUTINGS / ENTERTAINMENT / ACTIVITIES

Residents/Relatives Meetings have taken place and feedback was good. Areas for improvement have been identified by relatives of The Coach House and actions have taken place to commence some of the upgrade work.

Residents and relatives are generally very happy with our services and this is reflected in our recent Inspection Report, which is now published and displayed in the Reception of both Milford and The Coach House.

- Karaoke have recently been enjoyed by residents of both Milford and Coach
- Roger Filkins has visited both Milford and Coach on a couple of occasions
- Easter egg tombolas ran at Milford and Coach House to raise funds to boost Residents social funds

### Planned

- 09.05.2006 Trip to Carsington Water
- 07.06.2006 Sponsored Walk
- 21.06.2006 Trip to Matlock Bath
- 22.07.2006 Trip to Belper River Gardens
- 24.08.2006 Trip to Derby Garden Centre
- 22.09.2006 Boat Trip on River Trent
- 27.09.2006 Trip to Markeaton Park

Holiday to Skegness – Dates to be confirmed

Staff Awards Evening – Date to be confirmed

Trips to Hulland Day Centre / Age Concern – Dates to be confirmed

Gardening session – Dates to be confirmed

We have heard back from the Womans Institute and their entertainment group will be contacting us shortly to arrange activities in conjunction with their programme of events. For all updates on confirmation of dates please look out for further notices posted in Reception.

## **EAC Over 60's Art Awards 2006**

Each year EAC (Elderly Accommodation Counsel) hold a competition for amateur artists over 60 years of age.

There are several categories each with their own prizes.

We are very proud this year to be entering Sarah Wood's picture 'WASHDAY' into the landscape / seascape category.

100 artists' work will also be exhibited at the Mall Galleries 27.06.2006 to 01.07.2006.

**Good luck Sarah, we are all keeping our fingers crossed for you!!!**



**'Washday' by Sarah Wood**

## **Easter Baking**

To celebrate Easter the Residents helped Angela Inckle, Head Cook, with some Easter baking!



**Winnie Coulton**



**Hilda Spencer**



**Winnie Green**

All who joined in thoroughly enjoyed themselves!

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