



# Milford House Care Home

Milford House Residential Home & The Coach House Nursing Home



## SUMMER 2007 EDITION

### Welcome from the Manager

First and foremost I'd like to say a massive thank you to all of the staff. We have had a lot of staff helping out with 'extra' work over the past few months and it really is very much appreciated, I'm sure anyone reading will agree we have a very dedicated team.

As we look ahead over the next few months we have so many planned activities and outings to keep us busy. We have tried to cover everything we have done in the past few months in this newsletter but as I write I am re-calling other sessions!

We are involving the resident more and more in what we do now and they are deciding on the outings, the menus etc. It is important that this is the way we operate to continue to satisfy the needs of the residents.

Community involvement is also big on our agenda. I am hoping that some members of a newly formed "Vision Group" in Milford will soon be visiting

us to discuss the proposed changes in the village and hopefully some residents can give their views on 'what is needed'.

Many, Many thanks to everyone who continues to support what we do.

As you know the fund raising never stops and this is the only way we can continue to provide such an active programme of events for our residents so, anytime you have a bottle or anything which you don't want, please consider if we could use it!

Thank you

**Sharon Price  
Manager**

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## Social Work Placement

Milford House has been supporting Mercy on her Social work placement with Derby University.

The aim is to provide

valuable skills and 'hands on' experience to learners who will be moving into a Social care work setting.

Donna Annable has been

Mercy's mentor throughout her placement.

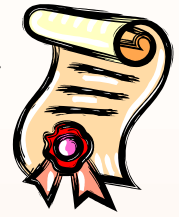
# TRAINING

## Achievements

**Angie Inckle** - Level 2  
Professional Cookery  
**Natalie Bradley** - Level 2 Care  
**Sam Wingfield** - Level 2 Care

## Planned / Ongoing

**Moving & Handling training** - all staff  
**Adult Protection** - all staff  
**Dealing with aggressive Behaviour** - 2 Care staff  
**Level 3 Business & Admin NVQ** - Caren Gardiner  
**Level 2 Customer Service NVQ** - 2 staff  
**Infection Control & Positive Dementia training**



# FOREST SCHOOLS PROJECT

Milford House is currently supporting Milford Primary School with the Forest Schools Project.

Forest Schools encourage and inspire children to engage in tasks and activities in a woodland environment. The aim is to improve – Independence, Self-discovery,

Confidence, Communication etc. It encourages children to learn about the environment which they visit regularly in all weathers.

The children are currently visiting once a week on Friday mornings. The children have been collecting sticks and other materials and using this

as a learning experience to recognize differences such as:- sizes, lengths, colours and feel.

The residents thoroughly enjoy watching the children in the gardens.

## Family Wedding

Phyllis Newcombe was escorted by Michael Leese to a family Wedding on Saturday 23rd June 2007.

The Wedding was held at Car Colston and everyone had a lovely time. Phyllis would like to say a very special 'Thank you' to Michael for helping her on the day.



## Memory Box

We would like to create a memory box for our residents and require the following items, if you have anything you would be willing to donate, please see Sharon. Thank you

Thimble, comforter, dolly pegs, lavender water, nappy pin, iron, bed warmer, knitting needles, old stamps, washing tongs, old postcards, old biscuit / tea tins, glass feeding bottle, milk bottle, tankards, brush & mirror set, old tools, old coins, ration book, wartime recipes, old records, tobacco packet etc.

**If anyone is interested in helping with activities, entertainment or in any other way please speak to Sharon.**

# "CASINO CELEBRATION EVENING"



We are holding a celebration evening on 29th June to celebrate our EXCELLENT rating which was recently awarded by CSCI.

This will be an opportunity for the staff to mix and chat with relatives on a social level.

We have lots of ideas planned

for the evening and it is expected to be very 'glitzy' and 'glamorous'!

Please, please try and

attend if you have an invite.

Anyone who has not received an invite and would like to attend is invited to speak to Sharon Price.



## Forthcoming Events

- ◆ **Our 2nd Annual Milford Care Group holiday is booked for Centre Parks. A small group of residents (approximately 8-9) will be escorted on this holiday for 4 nights in October.**
- ◆ **We have organized our 1st Annual Community Week. Flyers have been delivered around houses in Milford to offer help to locals from 9th - 13th July. Our staff will be available to carry out jobs for anyone locally. The work will be voluntary with the option of small donations being made to benefit the residents social fund.**
- ◆ **Our Summer Fayre will take place this year on 9th September. Suggestions for new stalls will be most welcome. Also donations of anything in good condition would be gratefully received. Raffle and tombola prizes are also needed.**
- ◆ **We will be welcoming more students again this year from Prague school of Nursing. The students come to England to learn about person-centered care. Care Homes are not really on the map yet in Prague. Last year students were amazed at what we do and were touched by the kindness and flexibility of our staff.**

## Forthcoming Activities



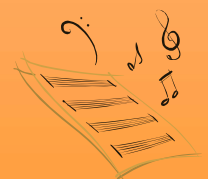
### IN - HOUSE

- ◆ Jewellery making
- ◆ Cross stitch
- ◆ Making bookmarks
- ◆ Memory boxes
- ◆ Flower arranging
- ◆ Guess the tune
- ◆ Clothing sale



### OUTINGS

- ◆ Belper River gardens
- ◆ Weston Centre
- ◆ Rachell's Restaurant
- ◆ Peak Village Outlet
- ◆ Elvaston Castle



## Past outings and entertainment

- ◆ The boat trip on "St John's Crusader" was enjoyed again by several residents. This ever popular trip takes us on a cruise down the River Trent. Leaving from Colwick Marina. An on-board picnic was enjoyed by all (including the skipper).



Marjorie & Ken enjoying the boat trip on "St John Crusader"

- ◆ A few residents enjoyed a recent shopping trip into Belper. Chips were enjoyed for lunch.
- ◆ A small group enjoyed a trip to Chatsworth House, residents enjoyed the journey as well as the house itself and managed to fit in a cream tea before departing.
- ◆ The ever popular "Dressing of the well" was enjoyed by a large group of residents this year, many new residents joined in with this annual activity.
- ◆ Our 1st Easter Egg hunt was hugely successful. Twenty four children from the local primary school searched the grounds for hidden eggs and bunnies. The residents and some relatives really enjoyed the sunny afternoon watching on with a glass of wine. A sure event for the future.
- ◆ A memory & movement session was enjoyed with 'prompts from the past', featuring unusual instruments and some lovely tunes.
- ◆ Rock n' Jive duo came to entertain us again at The Coach House. These were

re-booked by request from the residents.

- ◆ "Carry on singing" was performed by a small theatre company, another session which was enjoyed by all.
- ◆ A springtime quiz morning was held over the bank holiday.
- ◆ Staff took part in Red Nose Day 2007. All staff on duty dressed up (some more than others!) and this in itself provided quite a lot of entertainment. We raised just short of £60 for the appeal.
- ◆ The Easter egg tombola raised £141 to benefit the residents social fund.
- ◆ Easter workshops were run in both Milford and Coach house and prizes and certificates were presented to residents on Easter Sunday.



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