

Autumn and Winter
2007/8



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The Meadows Care Home

Lavender Court Residential Home and Rose Court Nursing Home

Dear Reader,

Welcome to the latest edition of our newsletter. We have had a very busy year to date. I hope everyone has enjoyed the activities and outings and Christmas festivities. I would like to thank the staff, families and friends who helped to make it all possible, your support and hard work is very much appreciated.

Thank you.

Julia Davies
Manager

Outings

The residents have enjoyed a variety of outings over recent months. We were invited back to the flower festival at the Christian center in South Normanton, other residents enjoyed lunch at Derby garden center, other trips included Carsington waters, Chatsworth House and our annual boat trip. Brian Tipple enjoyed a weeks holiday in Southport and Evelyn had a weekend in Blackpool with her Husband to celebrate their 59th wedding anniversary.

Pictured below from left, Brian and Alice on the boat trip. Edna and officer in charge Marie Wragg enjoy the Flower festival



Refurbishment at Lavender Court

Lavender Court is in the process of being refurbished. Both lounges, the corridors and the dining room have been decorated and a new carpet has been fitted. The dining room floor is to be replaced in the near future

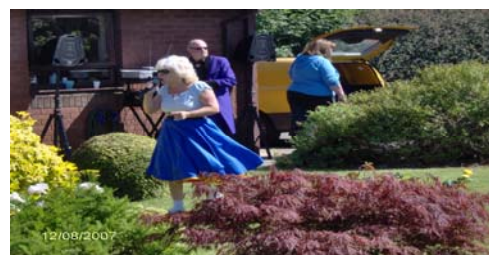
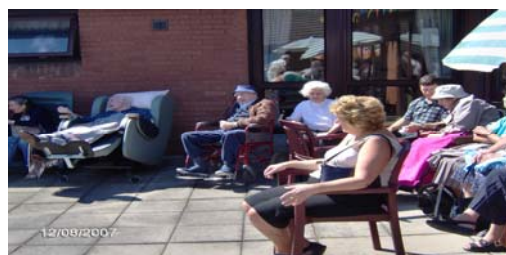


Fund Raising

I would again like to take this opportunity to thank all our staff and relatives for their help in giving our residents fund a much needed boost this year. A big thank you to Mr Theakstone for the kind donation of £225, and to Mrs Morrow for your donation of £200 , (this enabled us to purchase a music system for the residents). In July staff and relatives raised £553 with a sponsored walk thank you to everyone for your sponsorship. Thank you also to the family of former resident Beatrice Leah for the kind donation of £75 and to Jill Watson for your donation of £100 and Mr Freason for £75.

The annual summer fayre raised £640, thank you to everyone who contributed by donating raffle prizes and helping on the day. We enjoyed a lovely afternoon the rock n jive duo entertained us, and we also had a visit from the Mayor Marlene Bennett.

In October we held a "pink day" to raise money for breast cancer awareness. Lavender court hosted a coffee morning which was again supported by the Mayor. Rose Court enjoyed an afternoon of Karaoke. Residents and staff dressed in pink for the day and we raised £85 for the charity. As you are aware we are continually raising funds to pay for outings, and other activities and we thank you for your continued support. Below Families and friends enjoy the summer fayre



Staff news

Congratulations to Rachel and Chris, Zoe and Karl, and Annetta and partner who are all expecting babies in the coming months. We wish you all well.

Welcome to new staff members, Lead training co-ordinator Marilyn Sanderson

Care assistants, Val Brady, Serena, Bunford, Juliet Wild and Megan Dennis. Kitchen Assistant Tess Doningo and Domestic assistant

Linda Matthews.

A big thank you to Elsie Richards, Joan Cawthorne and Winnies Clarke for helping to interview potential staff, your input has been invaluable.

Training Achievements

Rachel O Hara	NVQ3 care
Melanie Blakeley	NVQ2 care
Dawn Wilkins	NVQ1 catering
Leanne Morgan	NVQ2 care
Zoe Hyde	NVQ2care

Other training

Continence awareness

Mental capacity

Tissue Viability

Moving/handling

Health and safety

Basic food hygiene

Palliative care

Aqua

Nurse Vangie Jopson has been attending study days to enable her to become a student nurse mentor.

Milford Training Academy

As you are aware, Milford care take training very seriously and are committed in ensuring all staff have good opportunities to improve their knowledge and professional development.

Milfordcare have employed a lead training coordinator Marilyn Sanderson to ensure all our training needs are met. We have recently been approved to be a training center and we have achieved Milford training academy status. This means we will be doing our own assessing for NVQ and ASET level 2 training in positive dementia, care of medicines, and infection control. Marilyn was a practicing infection control nurse and has assisted in re-writing our policy along with Kara Gratton, Jenny Shields and Donna Annable. Lyndsey Adlington has taken on the role of training coordinator to assist Marilyn in her role.



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*Consent has been given for
photographs used in this
Newsletter.*

Kitchen Staff

In recent months the kitchen staff have taken on a bigger role within the home. The cooks now devise new menus on a weekly basis, offering at least two choices at mealtimes. They have regular meetings with the residents to discuss the menus and to ensure the residents have their favourite food available on a regular basis. The kitchen assistants take orders for preferred options every morning which allows the residents to be more proactive with making decisions about their daily life.

The group has also formed a catering group which involves managers and cooks from all the homes meeting on a regular basis to discuss new ideas and to swap recipies. A big thank you to, Chris Adcock, Dawn Wilkins, Hannah Smith, Carol Riley, Julie Davies, Lynn Bradley and Tess Domingo for all their hard work, and also to Kara and Jess for managing the project within the home.

Christmas Activities at the Meadows

The Residents enjoyed a variety of activities over the festive season. The group held the annual Christmas card competition, whereby residents from all the homes in the group design a Christmas card, the winning card is then used as the group Christmas Card. For the third year running the "Meadows" won this prestigious award!! Well done to Norah Anthony. The residents attended a Christmas meal and a sing-a-long at Castlewood, they also enjoyed a shopping trip to McCarthur Glen. We also enjoyed great entertainment form a varity of artist. The annual Christmas party was well attended, by families and friends we were entertained by the Rock n Jive duo and Chris, Dawn and Hannah provided an excellent buffet. The raffle raised £228
We are now looking forward to the year ahead and we would like to take this opportunity to wish you all a healthy and prosperous 2008

